









For antioxidant peptides, the optimal conditions proposed by the model were a digestion time of 3 minutes, a temperature of 42°C, and an E/P ratio of 1/40. Only the last factor significantly affects the peptides intensity ( $P = 0.04$ ), the other factors and interactions did not show any statistically significant effect. The optimal pepsin digestion conditions to obtain peptides with antimicrobial activity determined through *B. subtilis* inhibition were a digestion time of 3 min, a temperature of 30°C, and E/P ratio of 1/40.

Regarding  $\alpha$ -glucosidase inhibitor's peptides, the optimal conditions recommended by the model were a digestion time of 5 minutes, a temperature of 35°C, and an E/P ratio of 1/40. Only the E/P ratio ( $P = 0.004$ ), showed a statistically significant effect over bioactive peptide formation. and the most influential factor in pepsin digestion was the ratio of enzyme to protein.

Previous studies have demonstrated that MAD can yield peptides with AChE inhibitory,  $\alpha$ -glucosidase inhibitory, and antimicrobial activities. Hall and Liceaga [50] conducted a study on *Crylloides sigillatus* and observed antihypertensive and antidiabetic effects using a 10-minute microwave-assisted digestion (MAD) method. In contrast, Srinivas and Prakash [5] examined the inhibitory activity of AChE, antioxidant capacity, and antimicrobial activity of peptides derived from  $\alpha$ -casein. However, their digests were obtained through conventional digestion, which involved a minimum of 2 hours for the digestion process.

#### 4. CONCLUSIONS

This study presents a novel approach utilizing MAED and HPTLC-bioassay to obtain and detect bioactive peptides from  $\alpha$ -casein digestion with pepsin and trypsin enzymes. The optimization of  $\alpha$ -casein digestion was achieved through chemometric tools employing a central composite design, allowing to establishment a high throughput, precise, and sustainable MAED method to generate bioactive peptides from  $\alpha$ -casein digestion. HPTLC-bioassay proved to be a unique technology capable of detecting different in situ bioactivities. Through this analytical technique, it was possible to detect peptides generated from pepsin- and trypsin digestion with very promising bioactivities, i.e., AChE inhibitory peptides,  $\alpha$ -glucosidase inhibitors, antioxidant, and antimicrobial peptides. These peptides will be identified soon to be studied as functional ingredients or nutraceuticals.

#### 5. ACKNOWLEDGEMENTS

This work was supported by National Fund for Scientific & Technological Development (FONDECYT), projects N°1201658 and 1211803, the International Cooperation Program from the National Agency of Research and Development (ANID) projects REDES N°180178, FOVI210081, and Academy Installation Grant N°85220091.

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